

Bournemouth and District Table Tennis Association
and the
ENGLISH TABLE TENNIS ASSOCIATION LIMITED. (ETTA).

Code Of Conduct for Junior and Cadet Players

- 1) Always do your best in every situation.
- 2) Be punctual at all times for training and competition and be ready at the table to play.
- 3) Attend all mealtimes and eat the appropriate food ensuring that adequate levels of nutrition and fluids are taken.
- 4) No boys to enter girls' rooms and vice versa.
- 5) No relationship of an intimate nature will be allowed between players or players and coaches travelling together.
- 6) Treat all accommodation with respect and always leave hotel rooms tidy.
- 7) All players should be in their own room at the following times unless given instructions to the contrary by the coach in charge and should not leave until the next morning, unless in an emergency: Under 18 – 10.30pm, Under 15 – 10.00pm, Under 13 9.30pm.
- 8) If you cannot sleep you should be relaxing.
- 9) If you feel unwell or have an accident you should report immediately to one of the responsible adults.
- 10) Treat the playing venue with respect and always leave your kit bags neatly where they will not cause an obstruction to others.
- 11) Once at the playing arena no player should leave the venue, unless given specific permission or instructions by one of the responsible adults, and should report back at once on their return. Under 13s should not leave the venue unless accompanied by a responsible adult.
- 12) Players must be responsible for ensuring that they arrive at the playing venue with all their correct kit and equipment.
- 13) Players are responsible for their own belongings and packing their bags during any trips.
- 14) No player should take or in any way interfere with another person's property or belongings.
- 15) When travelling in vehicles seat belts must be worn at all times, and players should not be noisy or distract the driver.

- 16) When travelling abroad all players must respect the culture, clothing and customs of the country they are visiting. Always remember that you are representing the English Table Tennis Association and Bournemouth and District Table Tennis Association and are also ambassadors for your country.
- 17) Always obey any instructions given by one of the responsible adults.
- 18) Be courteous and polite to all people you meet whilst a member of the squad, particularly your opponents and fellow team members. This also includes negative body language whilst on the table tennis table.
- 19) Always address officials or coaches at any competition or training camp with respect and never question their judgement.
- 20) Always be aware of your personal safety as you would at home, that is do not wander off alone, do not talk to strangers and never get into a vehicle with a stranger. If you should become detached from your party then immediately report to the nearest police station or, if at an airport or train station then one of the security staff, or, if at the venue, then one of the organisers.
- 21) Take responsibility for yourself in and out of competition and training.
- 22) Use any free time constructively, for example, relax, focus on the next session.
- 23) Always respect and never under estimate your opponents.
- 24) Always encourage and support your fellow team members at all times, without behaving in an unsporting manner towards their opponents. Work hard with your fellow team members in pre-match practice sessions.
- 25) Bullying (verbal and physical) of fellow team members or opponents will not be tolerated under any circumstances.
- 26) Make sure that you read carefully and understand everything in these Codes of Conduct.

Sponsored by: Gordon White – Child Welfare Officer, 21 Lascelles Road, Boscombe East, Bournemouth.

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