

On Saturday 5th March, Waterside Table Tennis Club, Totton, hosted the first ETTA Regional Training Day of the year for Cadet and Junior players. For the first time, this was arranged with players and coaches from both the South and South West Regions

Alison Broe (South Regional Coach) and Paul Whiting (South West Regional Coach), with assistance from Mike Smith, James Lewis, John Fox and Jeff Davies provided a challenging but entertaining day for the 32 children.

After a challenging speed and agility circuit organised by Paul, players were then split into groups of 8 and given the opportunity to attend four different sessions over the afternoon : - foot work, robot and multiball, spin to win, and serve & receive sessions. The day concluded with a huge game of top table.

At the end of the day all the players left very tired with smiles on their faces. The coaches were delighted with the effort and dedication from the players and hope to arrange similar joint ventures in the future.